



September 2021

Menu items are subject to change.

For any questions about the menu, students with allergies, student account balances, or how to volunteer

Contact - April Empey at aempey@saacharter.org

Monday - 9/6	Tuesday - 9/7	Wednesday - 9/8	Thursday - 9/9	Friday - 9/10	
No School	Lunch Nacho / Rice Krispy Treat 2nd opt: Hamburger Dragon Salad Bar 6th-9th	Lunch Pizza Ripper 2nd opt: Hamburger Dragon Salad Bar 6th-9th	Lunch Club Sandwich / Chips 2nd opt: Hamburger Dragon Salad Bar 6th-9th	Lunch Chicken Nuggets / Buttered Corn 2nd opt: Hamburger Dragon Salad Bar 6th-9th	
	Breakfast Triple Berry Pastry / String Cheese Alternate option: Cereal	Breakfast Pancake Sausage Sandwich Alternate option: Cereal	Breakfast Fruit Smoothie / Muffin Alternate option: Cereal	Breakfast Breakfast Pizza Alternate option: Cereal	
	Monday - 9/13	Tuesday - 9/14	Wednesday - 9/15	Thursday - 9/16	Friday - 9/17
	Lunch Cheesy Bread Bites / Steamed Broccoli / Johnny Pop 2nd opt: Chicken Sandwich Dragon Salad Bar 6th-9th Breakfast Breakfast Cookie / Yogurt Alternate option: Cereal	Lunch Asian Rice Bowl (chicken teriyaki) / Veggies Rice 2nd opt: Chicken Sandwich Dragon Salad Bar 6th-9th Breakfast Pancake on a stick / Hashbrown Patty Alternate option: Cereal	Lunch Pizza Hut / Chips 2nd opt: Chicken Sandwich Dragon Salad Bar 6th-9th Breakfast Banana Bread / Yogurt Cup Alternate option: Cereal	Lunch Mac N Cheese / Lil Smokies 2nd opt: Chicken Sandwich Dragon Salad Bar 6th-9th Breakfast Mini Bagel / Hashbrown Patty Alternate option: Cereal	Lunch Corn Dog / Bug Bites 2nd opt: Chicken Sandwich Dragon Salad Bar 6th-9th Breakfast French Toast Stick / Sausage Links Alternate option: Cereal
Monday - 9/20	Tuesday - 9/21	Wednesday - 9/22	Thursday - 9/23	Friday - 9/24	
Lunch Cheesy Garlic French Bread / Buttered Corn 2nd opt: Hamburger Dragon Salad Bar 6th-9th Breakfast Strawberry Pancake Bowl Alternate option: Cereal	Lunch Street Taco's / Seasoned Blk Beans 2nd opt: Hamburger Dragon Salad Bar 6th-9th Breakfast Apple Frudel/Hashbrown Patty Alternate option: Cereal	Lunch Orange Chicken/Rice / Brownie 2nd opt: Hamburger Dragon Salad Bar 6th-9th Breakfast Mini Chocolate Donut/Yogurt cup Alternate option: Cereal	Lunch Pizza Ripper / Chips 2nd opt: Hamburger Dragon Salad Bar 6th-9th Breakfast Big Soft Pretzel/cheese cup & Cream Alternate option: Cereal	No School	
Monday - 9/27	Tuesday - 9/28	Wednesday - 9/29	Thursday - 9/30		Friday - 10/1
Lunch Hot Dog / Chili N Cheese 2nd opt: Chicken Sandwich Dragon Salad Bar 6th-9th Breakfast Cheese Omelet Alternate option: Cereal	Lunch Taco in a Boat (taco meat over dorito chips) 2nd opt: Chicken Sandwich Dragon Salad Bar 6th-9th Breakfast Cherry Cupcake/ Hashbrown Patty Alternate option: Cereal	Lunch Pizza Hut / Chips 2nd opt: Chicken Sandwich Dragon Salad Bar 6th-9th Breakfast Biscuit N Gravy Alternate option: Cereal	Lunch Dutch Waffle/Chkn Strips/Syrup 2nd opt: Chicken Sandwich Dragon Salad Bar 6th-9th Breakfast Maple Waffle Sausage Taco Alternate option: Cereal	Lunch French Toast Sticks / Eggs N Cheese 2nd opt: Chicken Sandwich Dragon Salad Bar 6th-9th Breakfast Mini Bagel / Hashbrown Patty Alternate option: Cereal	

Breakfast Menu

Cost for students = FREE

Cost per adult = \$1.25

Cost per non-student = \$1.25

Breakfast will include: 1 cup of fresh fruit, milk, or fruit juice option and items listed above.

Lunch Menu

Cost for students = FREE

Cost per adult = \$3.00

Cost per non-student = 1st - 6th - \$1.90 / 7th - 9th - \$2.25

Lunch will include: milk, or fruit juice option and items listed below. Fresh fruit and vegetables offered daily.

Dragon Salad Bar

is offered to 6th-9th graders. The salad bar includes meats, grains, fruits, and veggies. Students can build a whole meal from the options.