



**DIGHTON-REHOBOTH**  
**Regional School District**  
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Superintendent of Schools

**T.E.A.M**  
(Together Everyone Achieves More)

March 3, 2020

Dear Families,

As more information is revealed regarding COVID-19, our nurses' offices have been following the guidance of the local boards of health in Rehoboth and Dighton as well as the Massachusetts Department of Public Health. Mass DPH has confirmed that students who have traveled outside the country should continue to self-monitor for symptoms consistent with COVID-19 including fever, coughing, and shortness of breath.

If a student presents symptoms consistent with COVID-19 at school and has traveled outside the country, our nurses have received guidance from Mass DPH on how to effectively isolate, address, and prevent the spread of the virus. At this time, **no students** who have traveled outside of the country have presented with symptoms of COVID-19 including fever, coughing, and shortness of breath. However, in an abundance of caution, we have contacted families as a follow up to the letter sent yesterday by the district that references CDC guidelines, including daily self-monitoring (temperature taking) and voluntary home isolation.

Please note, as stated by the Mass DPH, Massachusetts residents are much more likely to become sick with a cold or the flu than to be exposed to COVID-19. Many of the precautions that help prevent colds and the flu can help protect against other respiratory viruses. As a reminder, continue to practice precautions that help prevent the spread of viruses by following the habits below:

- Wash your hands often with soap and water for at least 20 seconds, if unable to wash, use alcohol-based hand sanitizers
- Avoid touching your eyes, nose, and mouth
- Cover your coughs or sneezes with a tissue or your sleeve (not with your hands)
- Stay away from people who are sick and stay home when you are sick

We will continue to keep you informed as updates are made available.

Sincerely,

Dr. Azar

*The mission of the Dighton-Rehoboth Regional School District, in partnership with parents and the community, is to provide students with the tools, including technology, to acquire knowledge, apply skills, critically analyze information and issues, and develop social responsibility.*

*Dighton-Rehoboth does not discriminate based on race, color, religion, gender, national origin, age, marital status, veteran status, disability, sexual orientation, gender identity, or any other legally protected group.*