Welcome to THS!!
Class of 2025
and New Students!
You Made it!

WE ARE SO HAPPY THAT YOU ARE AT THS!
WE CAN’T WAIT TO SUPPORT YOU AND
CHEER YOU ON THIS YEAR!

HERE’S SOME INFO TO HELP GET YOUR HIGH
SCHOOL CAREER OFF TO A GREAT START!
You may already know a lot of people at THS, or perhaps very few. Either way, we encourage you to meet someone new or get outside your comfort zone:

1. Be yourself and be patient (making new friends takes time)
2. Introduce yourself to someone new with a smile
3. Join a club or activity that interests you
4. Use a planner or calendar to keep track of assignments and to help keep you organized
5. Attend school every day!
6. Follow your gut and be yourself. Don’t be something that you are not to impress others. You are enough!
BIGGEST PIECE OF ADVICE...
ASK FOR HELP

TEACHERS
Find time before or after class to ask your teacher for help. You may be able to stay after school or come before school for extra help. Do not wait! If you don’t understand something, get it figured out with your teacher as quickly as possible so you do not fall behind.

COUNSELOR
Use the Google appointment form to make an appointment to see your counselor and they will call you down as soon as possible. If you are having an issue with a friend, teacher, or an outside of school issue that you’re not sure how to handle, your school counselor can help.

PARENTS/GUARDIANS
Your parents/guardian are usually a good source for advice and help. If you are unsure how to contact your teacher or counselor, ask your parent/guardian to help you figure it out.
OUR GUIDANCE TEAM

MRS. BEEBE - LAST NAMES A-B
MS. ODLUM - LAST NAMES C-GA
MRS. REZNICK - LAST NAMES GB-MAN
MRS. SILEO - LAST NAMES MAO-ROD
MR. DICKENS - LAST NAMES ROE-Z
WHAT YOUR SCHOOL COUNSELOR DOES...

1. ACADEMIC
   - Individual Meetings
   - Choosing Courses
   - Academic Issues

2. COLLEGE & CAREER
   - Classroom Lessons
   - Individual Meetings
   - Evening Presentation
   - College & Career Workshops

3. PERSONAL/SOCIAL
   - Individual Meetings
   - Group Counseling
   - Mediations
OUR GUIDANCE TEAM

MRS. BOUTIN: GUIDANCE SECRETARY

MRS. BOUTIN is usually the first person you meet when you walk into the guidance office.

MRS. PEPPER: SOCIAL WORKER

MRS. PEPPER is one of our school social workers. You may see her consistently or only once in a while. If you need someone to talk to you, she’s one of the people you can see!

MRS. OCASIO: TRANSLATOR

MRS. OCASIO works with our bi-lingual students and families. She works closely with everyone in guidance to help meet students’ needs.

MR. RODRIGUEZ: SOCIAL WORKER

MR. RODRIGUEZ is one of our school social workers. You may see him consistently or only once in a while. He is also the THS football and track coach and is someone you can talk to.

MRS. GREELEY: SCHOOL PSYCHOLOGIST

MRS. GREELEY is our school psychologist. You may see her for testing or if you need to talk through something that’s bothering you.
HOW TO SEE YOUR SCHOOL COUNSELOR!

GUIDANCE OFFICE IS LOCATED IN LMC CONNECTOR

FILL OUT THE GOOGLE APPOINTMENT FORM TO MAKE AN APPOINTMENT WITH YOUR SCHOOL COUNSELOR

YOU CAN ACCESS THE FORM IN YOUR CLASS'S GOOGLE CLASSROOM OR BY SCANNING THE QR CODE FOUND OUTSIDE OF GUIDANCE AND THROUGHOUT THE SCHOOL.

YOUR SCHOOL COUNSELOR WILL CALL YOU DOWN DURING A STUDY HALL OR FREE PERIOD.
“To live is to choose. But to choose well you must know who you are and what you stand for, where you want to go and why you want to get there.”

-KOFI ANNAN, former Secretary General of the United Nations
One of our goals as your school counselor is to help you plan for your future. But in order to do that, you need to know yourself - how you learn, what you value, and your strengths. All of these things factor into your choices and goals. Over the next four years, we’ll be investigating all these things with you and more.
IN HIGH SCHOOL, YOU EARN CREDIT FOR EVERY COURSE THAT YOU PASS!
YOU NEED TO EARN 25 CREDITS TO GRADUATE

YOU WILL USUALLY TAKE 7 CREDITS WORTH OF COURSES PER YEAR

YOU NEED TO EARN 6 CREDITS TO BECOME A SOPHOMORE

FULL YEAR COURSES EARN 1.0 CREDITS
SEMESTER COURSES EARN 0.5 CREDITS
YOUR SCHEDULE

ALL STUDENTS ARE TAKING AT LEAST SEVEN CREDITS WORTH OF COURSES.

THE VAST MAJORITY WILL HAVE ONE STUDY HALL/RESOURCE

YOUR SCHEDULE CONSISTS OF CORE ACADEMIC CLASSES AND ELECTIVES.

YOU CAN MAKE CHANGES TO YOUR ELECTIVES UNDER CERTAIN CIRCUMSTANCES, BUT WE ASK THAT YOU GO TO ALL YOUR CLASSES FOR THE FIRST FIVE DAYS BEFORE ANY CHANGES ARE MADE. THIS YEAR, ALL ELECTIVE CHANGES MUST BE COMPLETE BY SEPTEMBER 14TH.

IF YOU HAVE ANY QUESTIONS ABOUT YOUR SCHEDULE, JUST MAKE AN APPOINTMENT WITH YOUR SCHOOL COUNSELOR!
MAKE SURE THAT YOU CAN LOG INTO POWERSCHOOL

GET THE APP

STAY ON TOP OF YOUR ASSIGNMENTS

CONNECT WITH YOUR TEACHERS!

CHECK YOUR GRADES AND ATTENDANCE
WHERE TO FIND INFORMATION

**THS WEBSITE** HAS ALL THE INFO YOU NEED ABOUT OUR SCHOOL!

FIND YOUR COUNSELOR INFORMATION ON THE **THS GUIDANCE WEBSITE**

JOIN YOUR CLASS GOOGLE CLASSROOMS FOR:
- ANNOUNCEMENTS
- RESOURCES
- LINKS
- GUIDANCE INFO
FOLLOW TORRINGTON HIGH SCHOOL ON SOCIAL MEDIA

@THS_GUIDANCE5
FOLLOW YOUR SCHOOL COUNSELORS ON INSTAGRAM FOR UPDATES ON WHAT’S GOING ON IN GUIDANCE AND THINGS YOU SHOULD BE BE DOING TO DO BETTER IN SCHOOL AND LIFE.

@THS_RAIDERS
FOLLOW THS ON INSTAGRAM FOR UPDATES ON WHAT’S GOING ON AT THS!

TORRINGTON HIGH SCHOOL
FOLLOW THS ON FACEBOOK FOR ANNOUNCEMENTS AND INFORMATION ABOUT TORRINGTON HIGH SCHOOL.
QUESTIONS

Go to www.Menti.com

Join code: 7239 2480